

NAME: KIDS LIVING WELL MEETING
MEETING DATE: JANUARY 29, 2026
MEETING TIME: 9:00 AM – 10:30 A.M.
MEETING LOCATION: ZOOM

MEMBERS PRESENT: LeShawn Arbuckle, Beth Ayala, Courtney Baldwin, Tegan Booth, Rachel Ching, Ola Collins, Anna De La Garza, Mary Dodd, Ellyn Eisenberg, Victoria Esparza-Gregory, Julie Fawcett, Jenny Flores, Carlos Gonzales, Emily Hammer, Sonia Hartman, Samantha Hernandez, Jimena Isaza, Alicia Jones, Jennifer Kelly, Leah Kelly, Christinia Kuehn, Ann Lombardo, Sarah Martinez, Susan Millea, Heath Newton, Parsa Pakatchi, Veronica Perez, Sarah Rees, Monica Reyes, Marie Rodriguez, Chelsea Romero, Stacy Spencer, Lisa Ward, Jennifer Wagner, Kiounis Williams, Cheryl Wilson, Emma Wood

KEY CONTACT: MONICA REYES
MINUTES BY: CHERYL PETTY

MINUTES

	Item	Discussion	Action	Responsible Person	Date Due
1.	Call to Order	The meeting was called to order at 9:02 a.m.			
2.	Welcome, Introductions and Announcements	<p>The group was asked to put their names and any announcements in the chat Announcements consisted of the following:</p> <p>Monica Reyes opened the meeting and introduced the new Co-Chair Ellyn Eisenberg, IDD Program Manager with Integral Care and invited members of the Executive Committee to introduce themselves</p> <p>Mary Dodd said she facilitates two Kids Living Well efforts – 1) a Children’s Mental Health Plan Steering Committee is developing a new community-wide plan to be introduced in May; and 2) a Summit Planning Team that is developing Kids Living Well’s fourth education summit to be held on October 23rd from 8:30 a.m. to 3 p.m. at the Seton Administrative Offices. Five free CEUs will be available to participants.</p> <p>Christinia Kuehn introduced the Henry McMahon Award and said a flier will be sent to members and encouraged members to nominate people for the award. Christinia also shared that Children’s Mental Health Acceptance Day is now being planned in conjunction with Austin Voices. She invited people to volunteer to serve on the team that is planning Children’s Mental Health Acceptance Day.</p> <p>Immediate past-chair Sarah Rees said she manages the Kids Living Well Facebook page and encouraged folks to follow the page and share events and other posts to the page, as long as events and resources are free.</p> <p>Leah Kelly shared that submissions for the 2026 Texas Mental Health Creative Arts Contest are being accepted until March 31, 2026.</p> <p>Cross Creek Hospital, which is now part of Ascension Seton, is</p>			

		expanding its in-patient hospital capacity and also now offers detox services for adolescents.			
3.	Review and approval of Minutes of 12-04-2025 meeting	The minutes of the December 4, 2025 were approved with a motion by Sonia Hartman, seconded by Christinia Kuehn, minutes were approved as written.			
4.	Austin Child Guidance Center programs & services-Chelsea Romero	Chelsea Romero and Jennifer Florez Valdez with Austin Child Guidance Center provided an overview of therapeutic and assessment services provided, noting that their services are now for youth up to age 24 as well as children. ACGC also provides trauma-informed support and consultation child care centers. Copies of the presentation will be shared with members and will be posted on the kids living well website.			
5.	Adjourned 10:30am	Next meeting: February 26, 2026			