

In-Home Respite

We work with children and adults living with intellectual and/or developmental disabilities to make sure they have the tools they need to thrive. Our In-Home Respite program allows caregivers and clients to take a break from their normal day-to-day routine, which often lead to isolation, stress, and burnout. While caregivers are provided relief and free time, the individual we serve can engage in preferred activities with a skill building component. Our mission is to increase access to respite by filling the need gap while families wait to be connected to contracted respite/attendant services.

Eligibility Criteria

- Must be actively enrolled in Integral Care IDD services
 - Reside in Travis County
 - Live with caregiver in own home/family home
 - Age 4+
 - We do not provide nursing/medical care
- First appointment is a meet and greet
 - In-home or community activities
 - Appointments are 1-4 hours
 - Service Hours: 8am-7pm, Mon-Fri
 - Weekends based on availability
 - Not available on Holidays
 - Services are not available to family members/individuals not meeting the eligibility criteria



To request an appointment:
Contact your IDD Service Coordinator or visit:
IntegralCare.org/idd-respite-interest-form

If you have concerns about our services or staff, please contact us at feedback@integralcare.org or at 512-440-4086.