

**NAME:** KIDS LIVING WELL  
**MEETING DATE:** May 29, 2025  
**MEETING TIME:** 9:00 AM – 10:30  
**MEETING LOCATION:** Zoom  
**KEY CONTACT:** Sarah Rees  
**MINUTES BY:** Cheryl Wilson

**MEMBERS PRESENT:** Sarah Rees, Cheryl Wilson, Christy Kuehn, Sonia Hartman, Stacy Spencer, Monica Reyes, Mary Dodd, Victoria Esparza-Gregory, Ellyn Elisburg, Barbara Grant, Melissa Fabian, Marlene Buchanan, Veronica Perez, Sarah Martinez, Seanna Crosbie, Ola Collins, Rose Hernandez, Terry Wilt, Chelsea Biggerstaff, Cheryl Meyers, Chole LaPorte, Cory Morris, Dorthy Garza, Larry Wallace, Jessica Benavides, Jessica Lucky, Jimena Isaza, Kathryn Austin, Katie Mitten, Michelle Harrison, Sarah McCafferty, Camila Kelly, Courtney Baldwin, Jelina Tunstill, Veronica Perez, Karin Florez, Molly Kier, Chelsea Romero, and Susan Millea

**GUESTS :**

**MINUTES**

	<b>Item</b>	<b>Discussion</b>
1.	<b>Call to Order</b>	The meeting was called to order at 9:00 a.m. by Sarah Rees
2.	<b>Welcome, Introductions and Announcements—Sarah Rees</b>	Sarah welcomed everyone to the meeting and asked members to add their names and announcements in the chat box. Sarah said ceu’s will be available from Seanna Crosbie’s presentation.
3.	<b>Review and approval of Minutes from April 24, 2025 —Monica Reyes</b>	Christy made a motion to approve minutes as is; Sonia seconded the motion, all were in favor. April 2025 minutes were approved.as written.
4.	<b>UT’s Amplify Update - Corey Morris</b>	Corey updates included the beginning of the Amplify Center, who are eligible for services, research of date collected, common features of integrated youth mental health, and preliminary impact of Amplify. Q and A followed. Corey can be reach at <a href="mailto:cory.morris@austin.utexas.edu">cory.morris@austin.utexas.edu</a>
5.	<b>The ADHD &amp; Anxiety Connection: Understanding and Treating Co-Occurring Symptoms - Seanna Crosbie LCSW-S</b>	Seanna spoke on ADAH and areas of impact, neurotransmitter challenges with dopamine and norepinephrine, and anxiety. Seanna shared resources and information will be sent to members.
6.	<b>Adjourned</b>	<b>Next Meeting: June 26, 2025 - In-Person Rudy Zapata Training room, Dove Springs.</b>