

**NAME:** KIDS LIVING WELL MEETING  
**MEETING DATE:** SEPTEMBER 26, 2024  
**MEETING TIME:** 9:00 AM – 10:30 A.M.  
**MEETING LOCATION:** ZOOM

**MEMBERS PRESENT:** Mary Dodd, Heath Newton, Leah Kelly, Stacy Spencer, Melisse Fabian, Ashliegh Alvarez, Susan Millea, Jessica Benavides, Chelsea Biggerstaff, LeShawn Arbuckle, Carri Kelly, Michele Pierson, Ellyn Eisenberg, Sue Cole, Erike Bitar, Becky Ahlgrim, Sally Nava, Meredith Mevrer, Carlos Soto, Andy Miller, Kathryn Austin, and Kate Walters

**KEY CONTACT:** STACY SPENCER  
**MINUTES BY:** CHERYL PETTY

**MINUTES**

	Item	Discussion	Action	Responsible Person	Date Due
1.	Call to Order	The meeting was called to order at 9:00 a.m.			
2.	Welcome, Introductions and Announcements, Stacy Spencer				
3.	Review & approval of Minutes from September 26, 2024 - Stacy Spencer	made the motion to approve the minutes with correction, seconded, all were in favor. Minutes were approved as written.			
4.	Presentation: Substance Use Trends and Treatment Options - Meredith Mullens Meurer, M.A., LPC-S, LCDC, PSS Chief Operating Officer- University High School and Keystone Youth & Family Recovery	Meredith Meurer shared that Austin Recovery is changing it's name to Revolution Youth & Family Recover, which is an umbrella organization that includes Keystone Peer Recovery and University High School, a sober high school located on the UT Austin campus. Meredith shared information about youth substance use trends and ways that families and youth can be supported in their recovery journeys.			
5.	Adjourned	Next meeting is October 31, 2024			