## Kids Living Well

Any Baby Can- Kathryn Austin Success by 6- Barbara Grant Boneta Family Connects- Jessica Luckey



# any baby can



#### WHO WE ARE

Any Baby Can is a Central Texas nonprofit that works with families to overcome obstacles and achieve well-being.

With programs that meet clients where they are – at home, work or school – Any Baby Can helps build stability, develop skills and navigate systems so children and families reach their full potential.

#### **Vision**

A community that empowers parents, prioritizes healthy families, and invests in child development.

#### **Mission**

Any Baby Can partners with families to build stability, develop skills, and unlock each child's full potential.



#### WHAT WE DO

With quality services that meet families where they are, Any Baby Can helps clients address medical, educational and financial obstacles, and achieve whole family well-being.

Families acquire skills and knowledge in:

- Child development
- Parenting techniques
- Healthy relationships
- Navigating community resources



Children with Special Healthcare Needs



Expecting Parents and Parents of Young Children



Children with Developmental Delays

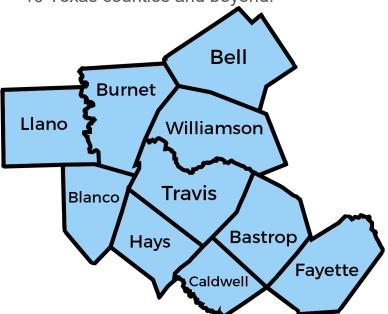


Moms and Dads Seeking Parenting Classes

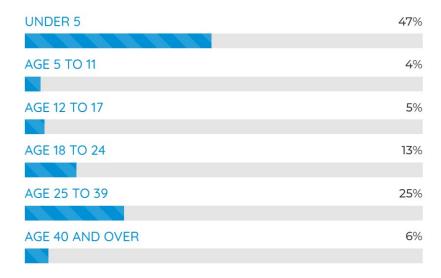


#### WHO WE SERVE

Any Baby Can serves clients across 10 Texas counties and beyond.



Our programs primarily serve young children and their parents.





#### **About Our Programs**

#### **Empowering First-Time Moms**

The **Nurse-Family Partnership** program matches first-time pregnant moms with a free, personal nurse to guide them through pregnancy

and becoming a parent. Must enroll before the 28th week of pregnancy and be a resident of Travis or Williamson County.

#### **Child Development**

**Early Childhood Intervention** provides in-home occupational, physical and speech therapy, as well as specialized skills training and case management for kids under age three with a developmental delay. Counties served include Travis, Hays, Llano and Blanco.

#### **Parent Support and Education**

**Parents as Teachers** (formerly called Healthy and Fair Start) connects parents with a Certified Parent Educator to encourage attachment, promote community involvement, and help parents set a solid foundation for the future. Participants must be residents of Travis County with children under age 5.

#### **Parenting and Childbirth Classes**

The **Family Education Program** provides free parenting and childbirth classes to give parents the tools, skills and confidence to raise a happy and healthy family. Using the Nurturing Families

curriculum, these interactive group classes are for anyone looking to create strong, positive relationships with their children.

#### **Healthcare Coordination and Respite Support**

Comprehensive Advocacy and Resources for Empowerment provides support to families with a child diagnosed with a medical or mental health condition, or other unique healthcare need. Parents get connected to insurance options, school resources, respite opportunities and more. The child must be 0-20 years old and live

in Travis, Williamson, Hays, Bastrop, Caldwell, Burnet or Bell County.

---- SERVICES FOR CURRENTLY ENROLLED CLIENTS -----

#### **Counseling and Support Groups**

**No Estás Solo** provides families with counseling sessions and support groups. Licensed, bilingual counselors help children and families build skills in communication, problem solving, conflict resolution and self-advocacy.

#### **Basic Needs**

Families enrolled in an Any Baby Can program may qualify for **Family Support Services**, including financial assistance for basic needs, rent, utilities, medical equipment and transportation..



#### Spectrum of Support

## One-Time Interaction

#### Groups

#### Individual Support

- Financial assistance
- Medical devices
- One-time assistance with basic needs

- Parenting classes
- Mental health support groups
- Family and respite events

- Short-term and longterm case management
- Specialized therapies
- Home visiting

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#### What Our Clients Say



"Any Baby Can pushed me to do better and learn more, which changed my life."

Fatima and Layla Family Education Program



"They were teaching me as they were working with my son. It gave me strength that I'm not alone."

Mayra and Gerardo Early Childhood Intervention



"I can't begin to tell you how grateful we are for Any Baby Can helping my little girl experience a 'normal' life by being able to finally hear."

Angela and Matti Children's Hearing Aid Texas





"Once I met Any Baby Can, I felt supported as a mother, as a woman and as a human being. They have helped me learn to speak up for myself, to advocate for my children, and to understand the systems in this country as an immigrant. For the first time in my life, I felt like my voice was important."



#### 3,336 Clients Served in Fiscal Year 2023



1,256 Parenting Classes



Clients are more confident in their ability to care for their child.



2,213 Counseling Sessions



Clients are more knowledgeable about child development.



\$499,791 in Basic Needs Support



Clients are more prepared to plan for their family's future.



62,700 Direct Service Visits



would recommend Any Baby Can to another family

any baby can

#### Together, We Can!







Natalie, Camrin and Zeno Early Childhood Intervention

Andrea and Eric Children's Hearing Aid Texas Mary and Malayna Nurse-Family Partnership & No Estás Solo





#### **About Us**



any baby can



# Austin/Travis Cour Success By 6

Barbara Grant Boneta, Director



development
happens in the first five years,
or 2,000 days, of life. Studies
have shown that a child's
experiences during those
early years literally build the
architecture of their brain.

Richer early childhood experiences, science has discovered, lead to even more neural connections, which help set children up for lifelong success.





#### **CURRENT REALITY**

Children from families with low income who attend pre-K are more than twice as likely to be school-ready, but only

16 of eligible 3-Oyear-olds are served by pre-K3.

(E3 Alliance)



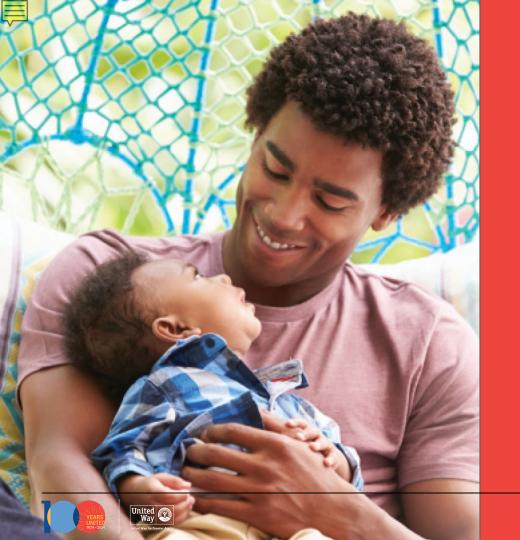


# 1 in 3

children live in a very low or low opportunity neighborhood

Low opportunity neighborhoods are based on economic and demographic factors such as income level, educational opportunities, health environment, concentrated inequity, and more.

(United Way for Greater Austin and Diversity Data Kids)



TWIGHT as white infants to die during their first year of life.

(March of Dimes)

#### Meet

## Austin/Travis

Conty Secss by 6



Success by 6 creates appartunities for infants, todders, and young children impacted by poverty, especially those who identify as BPOC, to receive high-quality education before they enter Kindergarten, while also fostering a community of parents, caregivers, and teachers ready to provide high-quality care.

Oralliance creates a future in which all children enter Kindergarten healthy, happy, and ready to school and life



# How...Collective Im



Four Pillars to

Ignite
Collective
Impact







Healthy Begir

SX6 Goal: Families, especially Black families, families impacted by poverty, and families who possess complex documentation statuses, feel empowered to navigate a just medical and mental health system successfully







## Supported Far

SX6 Goal: Families, especially those who identify as BIPOC and with home languages other than English, have access to culturally affirming, age-appropriate resources to build on nurturing parent-child relationships.







# Highality Early Care and Education

SX6 Goal: Families impacted by poverty, especially those who identify as BIPOC and with home languages other than English, and children who have exceptional needs have the opportunity to experience high-quality equitable early care and education.







# Safe and Stimu Committies

SX6 Goal: Families experience
Austin/Travis County as a safe child and
family-centered community that invests in
joyful and engaging learning opportunities
that honor exceptional
needs, nurture healthy brain development,
and ensure that children and families can
thrive.









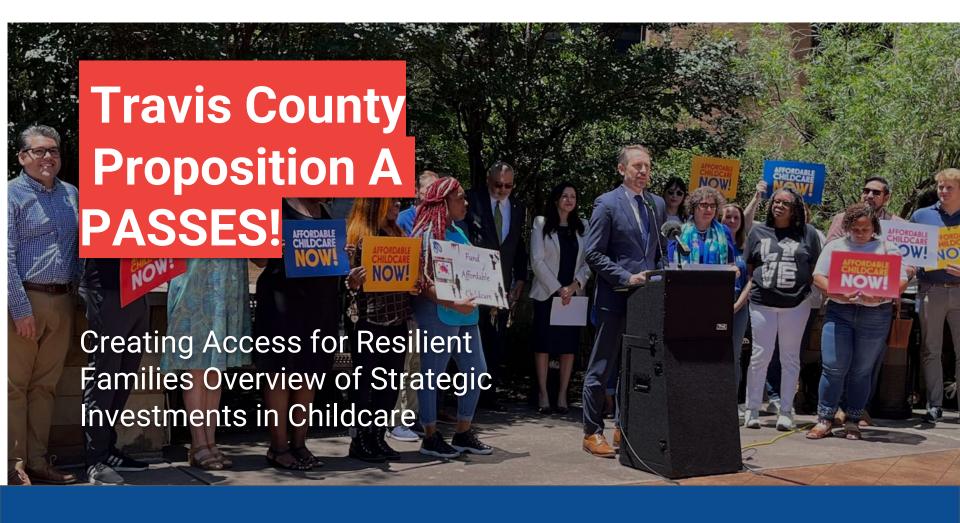
#### What does success look like?













## Recommended Strategies for Investment

Estimated \$77M Annually, including \$14M for afterschool and summer programming and infrastructure

- → Expand Slots
  - Early Childhood
  - Afterschool/Summer
- → Expand care in early morning, evening and weekend hours
- → Build quality and capacity
  - Early Childhood
  - ◆ Afterschool/Summer
- → Create a Business-Government Alliance

#### Short & Long-Term Economic Impact

#### \$308m

#### **NEW Revenue in Travis County, Annually**

- → Stimulating the childcare industry has strong positive economic implications as increased revenue ripples through the economy with greater workforce participation, wages, and increased spending.
- → Increased business productivity and reduced turnover and absenteeism caused by lack of affordable childcare.

#### 6287

#### **NEW Employees** in the Workforce

Increased funding for childcare across the continuum allows more families to enter the labor force, increase hours at work, or to complete workforce development programs to increase their skills and wages.

Travis County HHS, Children's Funding Project, United Way of Greater Austin, Andy Roddick Foundation

#### 45,000

### Families impacted over 12 years

Every \$1 invested in quality child care yields about a \$9 return on investment.

# Give. Advocate. Volunteer.



Email neat: barbara.grantboneta@watxog

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Sgnupfararrewsletter





## Questions?







# LIVE UNITED

# The Family Connects









### Our Purpose

Our aim is to create systems change at the population level — to advance the well being of all children and their families.

#### We work to:

- Ensure that families have a medical home
- Provide physical- and mental-health screenings
- Assess family strengths and needs comprehensively
- Connect families to community resources that support their individual family needs and preferences









#### Abolytemal Health in the United States

The postpartum period is an important time for recovery, addressing delivery complications, managing infant care and setting the stage for long-term health and well-being.

**53%** of pregnancy-related deaths occur 7 to 365 days postpartum.

**84%** of all pregnancy-related deaths are considered preventable.







## **AboFamily Corrects**

- Family Connects offers a free, voluntary, and universal evidence-based nurse home visit for families with newborns 3 to 12 weeks old
- Registered Nurses assess twelve areas of risk including maternal/infant health and basic household needs to give education and materials
- Referrals are provided to external agencies as needs are identified
- Outside of the visit, program leaders establish relationships with outside entities to strengthen families' access to external programming

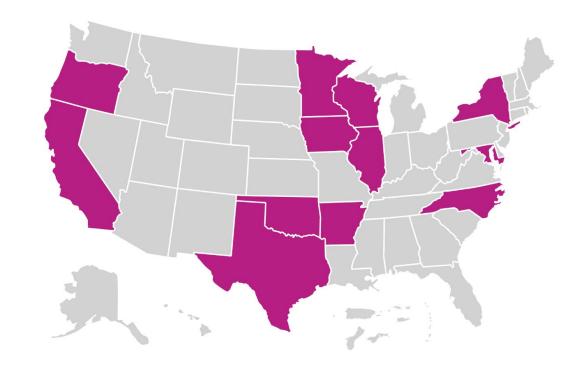






#### Wheis Family Corrects implemented?

- 22 agencies across12 states
- In Texas:
  - Austin/Travis
  - Bastrop County
  - Bexar County
  - Dallas & TarrantCounties
  - Victoria County









## AboFamily Corrects in Travis

To offer Family Connects to residents of Travis County, we rely on our established referral partnerships.

- Nurse home visiting program serving families with newborns through:
  - St. David's South Austin Medical Center (2018)
  - Ascension Seton Medical Center Austin (2023)
  - Referrals from Women, Infants, & Children (WIC)
- In 2024, prenatal scheduling has begun through Ascension Medical Group, CommUnity Care, and People's Community Clinic









# Family's Jahrughanily Corrects

- Hospital staff members educate patients on Family Connects after delivery
- 2. Before hospital discharge, a Patient Support Specialist (PSS) meets with interested families to discuss the Family Connects program and coordinate a visit
- 3. An in-person or virtual 90-minute home visit is scheduled for 3 weeks postpartum
- 4. 30 days after the visit, every family is contacted via phone to assess satisfaction, health, and referral outcomes through a Post Visit Connection.









#### Assessr

#### t Education

#### Lactation

#### Referrals

- Visual inspection of home and family dynamic
- Medical history assessment
- Physical exam (vital signs, c-section inspection, head-to-toe infant exam, infant measurements)
- Screening tools (EPDS, IPV, CAGE)

#### - Infant feeding

- Infant crying, soothing techniques
- SIDS preventions
- Sleep concerns
- Household safety
- Enlisting emotional support, baby blues
- Re-education on postpartum warning signs
- Coaching on self advocacy

- Assistance with positioning and latch
- Help setting up breast pump
- Paced bottle feeding
- Cleaning pump and bottle parts
- Preparation for return to work

- Health care providers
- Child care providers/vouchers
- Long-term home visiting
- Parenting classes/groups
- Domestic violence shelters
- Housing assistance
- And many more

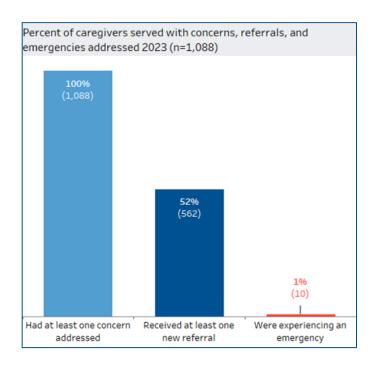








## Families Cwiths, Referrals, and Energencies in 2023



# During visits, nurses rate these twelve areas of potential risk:

- 1. Maternal Health
- 2. Infant Health
- 3. Management of Infant Crying
- 4. Household Safety & Basic Needs
- 5. Parent Mental Health
- 6. Family & Community Safety
- 7. Health Care Plans
- 8. Child Care Plans
- 9. Parent Emotional & Social Support
- 10. History of Parenting Difficulties
- 11. Parent-Child Relationship
- 12. Substance Use



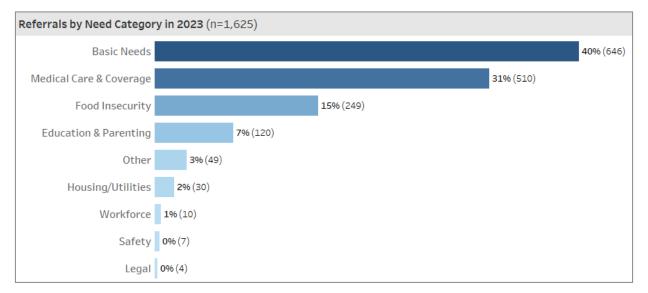






# Referral Seb Category

- Basic needs are historically the highest volume referrals (e.g., diapers, gift cards)
- Medical care (e.g., OB/GYN, pediatrician, mental health) and food insecurity (e.g., WIC, SNAP) are also high categories of need for caregivers









#### Families that Received Dapers in 2023

- Basic needs like gift cards and diapers are among the highest volume referrals
- Gift cards to HEB for families in \$100-\$150 increments are dependent upon sustainable funding, increasing to \$500 in 2024

Basic Needs Gift Cards Distributed in 2023

gift cards
236

valued at \$33,100

Caregivers that Received Diapers in 2023

number

290

percent

27%





#### Referrals Carein 2023

- Caregivers often have needs for medical care identified during visits
- Many referrals target time sensitive medical follow-up with a provider including OB/GYN, pediatrician, mental healthcare, primary care, specialist, and dental
  - These referrals represented
     134 total caregivers in 2023
     (12.3%)



OB/GYN

93 referrals



Pediatrician

56 referrals



Other Healthcare Providers

32 referrals

N referrals to external agencies in 2023 = 990





#### Family Connects

Family Connects is an evidence-based model with proven impact nationally.

- Total child emergency room visits and hospital overnights were reduced by 50% through age 12 months [1] and 37% through age 2 years
- \$3.17 reduction in total hospital billing costs for every \$1.00 in program costs. [2]
- Total child maltreatment investigations reduced by 44% through child age 2. [3]
- Mothers were more likely to complete their 6-week postpartum health check.





# Questions?







#### Citations

- [1] Dodge, K.A., Goodman, W.B., Murphy, R.A., O'Donnell, K., & Sato, J. (2013). Randomized controlled trial evaluation of universal postnatal nurse home visiting: Impacts on child emergency medical care at age 12- months [Special Issue]. Pediatrics, 132, S140-S146. https://doi.org/10.1542/peds.2013-1021M
- [2] Goodman, W.B., Dodge, K.A., Bai, Y., O'Donnell, K. & Murphy, R.A. (2019). Randomized controlled trial of Family Connects: Effects on child emergency medical care from birth 24 months. Development and Psychopathology, 31, 1863-1872. <a href="https://doi.org/10.1017/S0954579419000889">https://doi.org/10.1017/S0954579419000889</a>
- [3] Dodge, K.A., Goodman, W.B., Bai, Y., O'Donnell, K. & Murphy, R.A. (2019). A randomized controlled trial of a community agency-administered nurse home visitation program's effects on program use and maternal and infant health outcomes. JAMA Network Open, 2(11), e1914522. https://doi.org/10.1001/jamanetworkopen.2019.14522.

