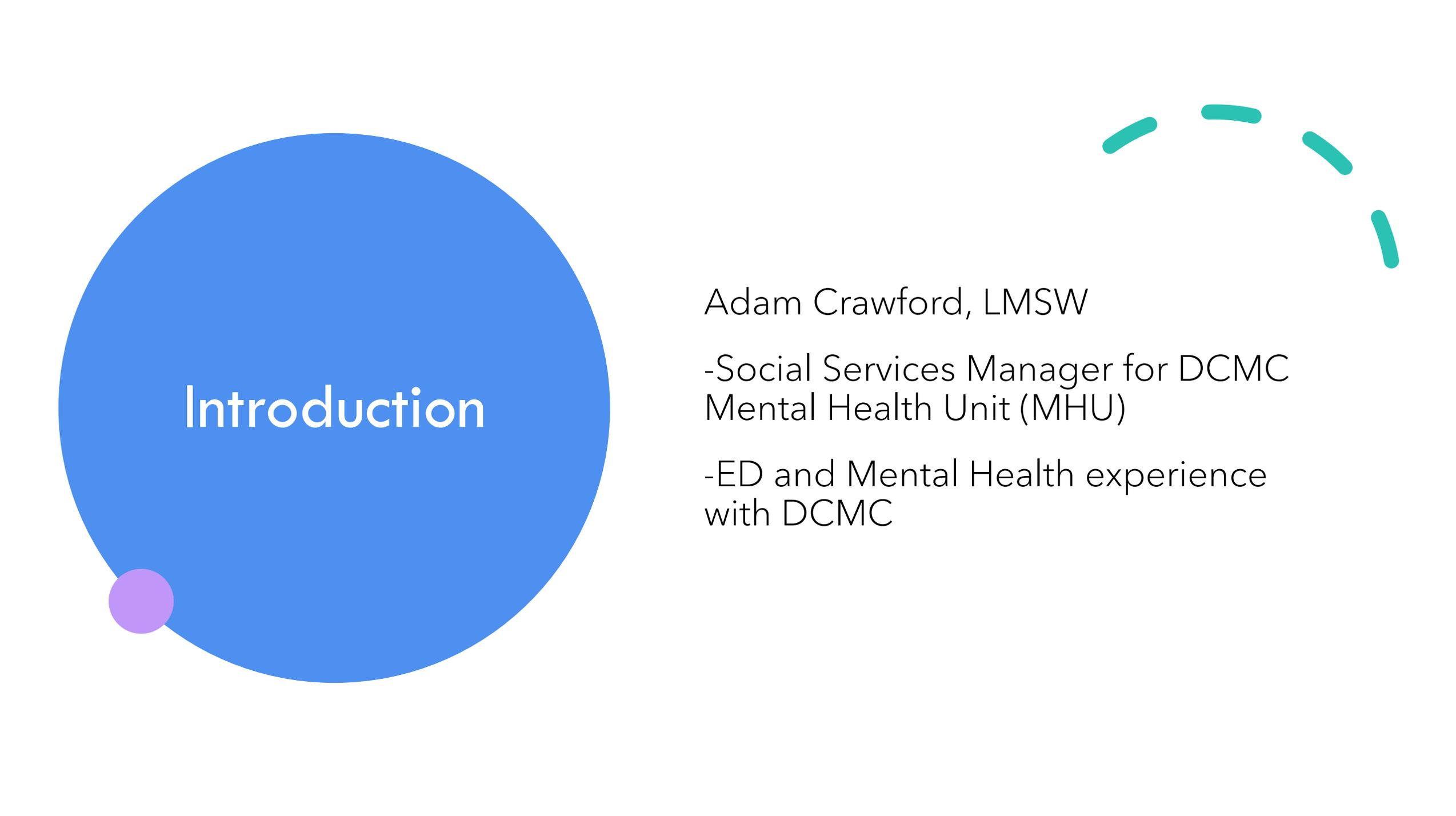


Dell Children's Medical Center
(DCMC)



Introduction

Adam Crawford, LMSW

-Social Services Manager for DCMC
Mental Health Unit (MHU)

-ED and Mental Health experience
with DCMC

A large white circle is centered on the page, containing the text 'Mental/Behavioral Health at DCMC'. The background is a blurred image of a playground with red and green equipment in the foreground and a multi-story brick building with many windows in the background. A small blue circle is partially visible at the bottom right edge of the white circle.

Mental/Behavioral Health at DCMC

DCMC ED – What to expect

- EDSW team trained in various assessments to ascertain appropriate next steps.
- Level of Care Assessment = Mental/Behavioral Health
 - Crisis – Who, What, When, Where, Why, How?
 - Mental/Behavioral Health history (including diagnoses, medications, treatments, trauma)
 - Current Suicidality/Self Harm screening
 - Current drug/alcohol use screening
 - Current behavioral assessment – Coping/Anger screening
 - Discuss findings with EDMD > determine treatment recommendation.
- SBIRT - Screening, Brief Intervention, Referral to Treatment – drug/alcohol use
- Psycho/Social – Abuse/NAT; Sexual Trauma, etc.



Possible Dispositions:

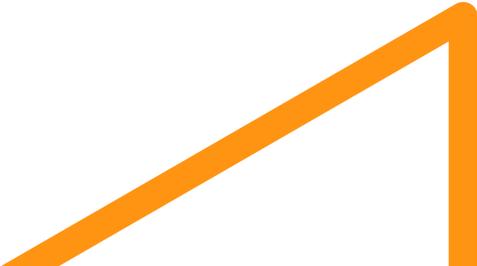
- Discharge home with safety plan and/or referrals:
 - Therapy
 - Psychiatry
 - IOP
 - PHP
 - RTC
 - Community Resources
- Transfer to Inpatient Psychiatric
 - DCMC MHU
 - Community facilities

Criteria for Inpatient Hospitalization

- Mental health crisis needing immediate treatment and/or a danger to themselves or others:
 - Suicide Attempt
 - Active Suicidal Ideation
 - Severe Self-harm
 - Mood Disorders
 - Severe Depression/Anxiety
 - Psychosis/AVH/Decomposition
 - Homicidal Ideation

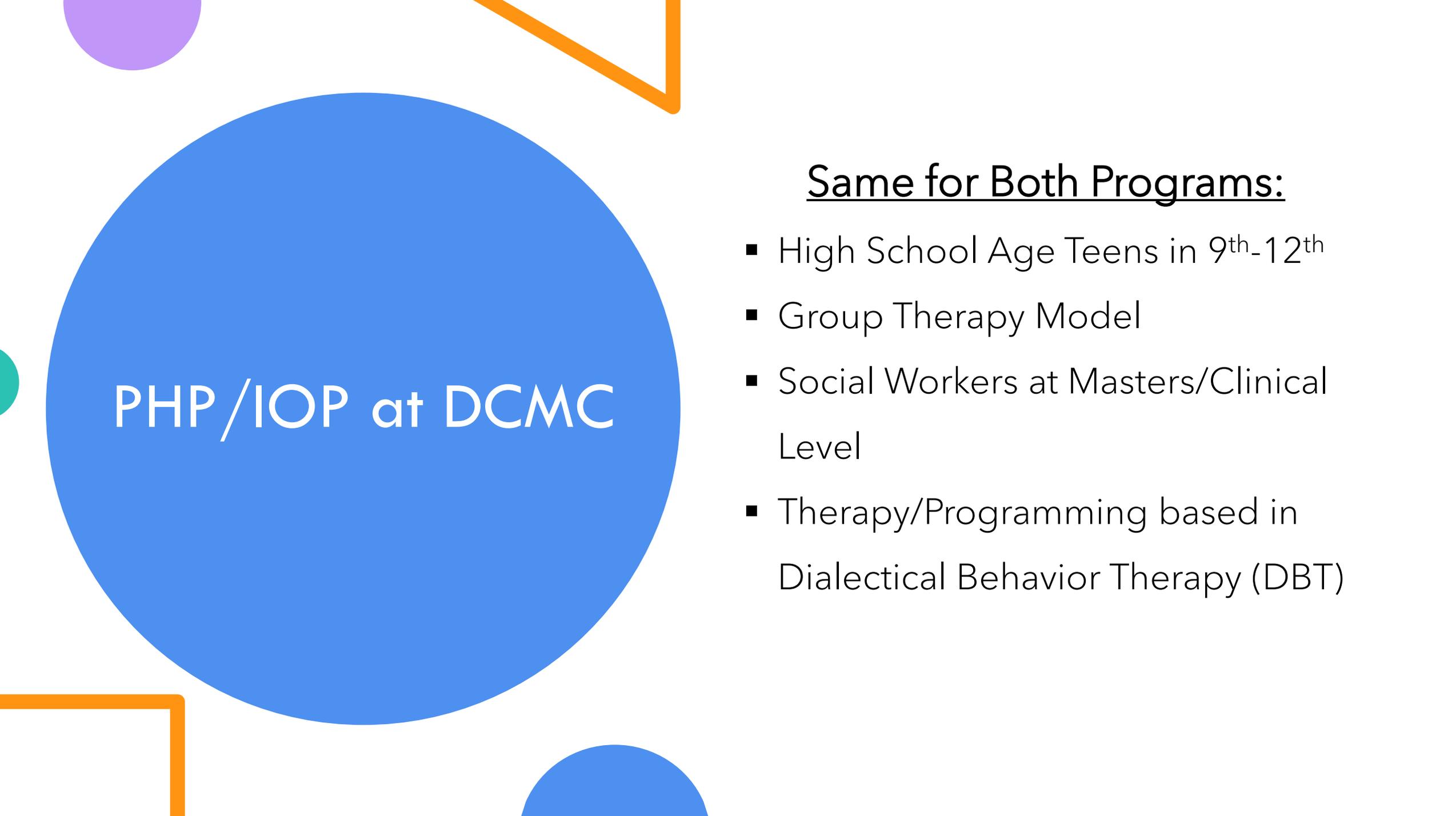


DCMC MHU Overview

- 18-22 bed inpatient hospital housed at DCMC
 - Children and adolescents (ages 6-17)
 - Our goal is to help patients move from acute crisis to a level of safety and stability so they can return home as quickly as possible.
 - Interdisciplinary team of team of pediatric specialists, including psychiatrists, psychologists, pharmacists, nurses, nurse practitioners, child life specialists, expressive therapists, dietitians, social workers, and more.
 - Stabilize acute mental health concerns while developing an individualized treatment plan to address these needs once the patient returns home. Once stabilized, patients can maintain/initiate therapeutic relationship with outpatient mental health providers.
 - Average stay of 4-7 days.
- 
- 
- 

Treatment/Services We Provide

- Mental Health Evaluation
- Cognitive Behavioral Therapy
- Coping Skills
- Dialectical Behavioral Therapy
- Expressive Therapy
- Medication Management
- Psycho-education
- Discharge Planning w/ Outpatient Referrals Secured
- Safety Planning with Family/Home/School/Environment



PHP/IOP at DCMC

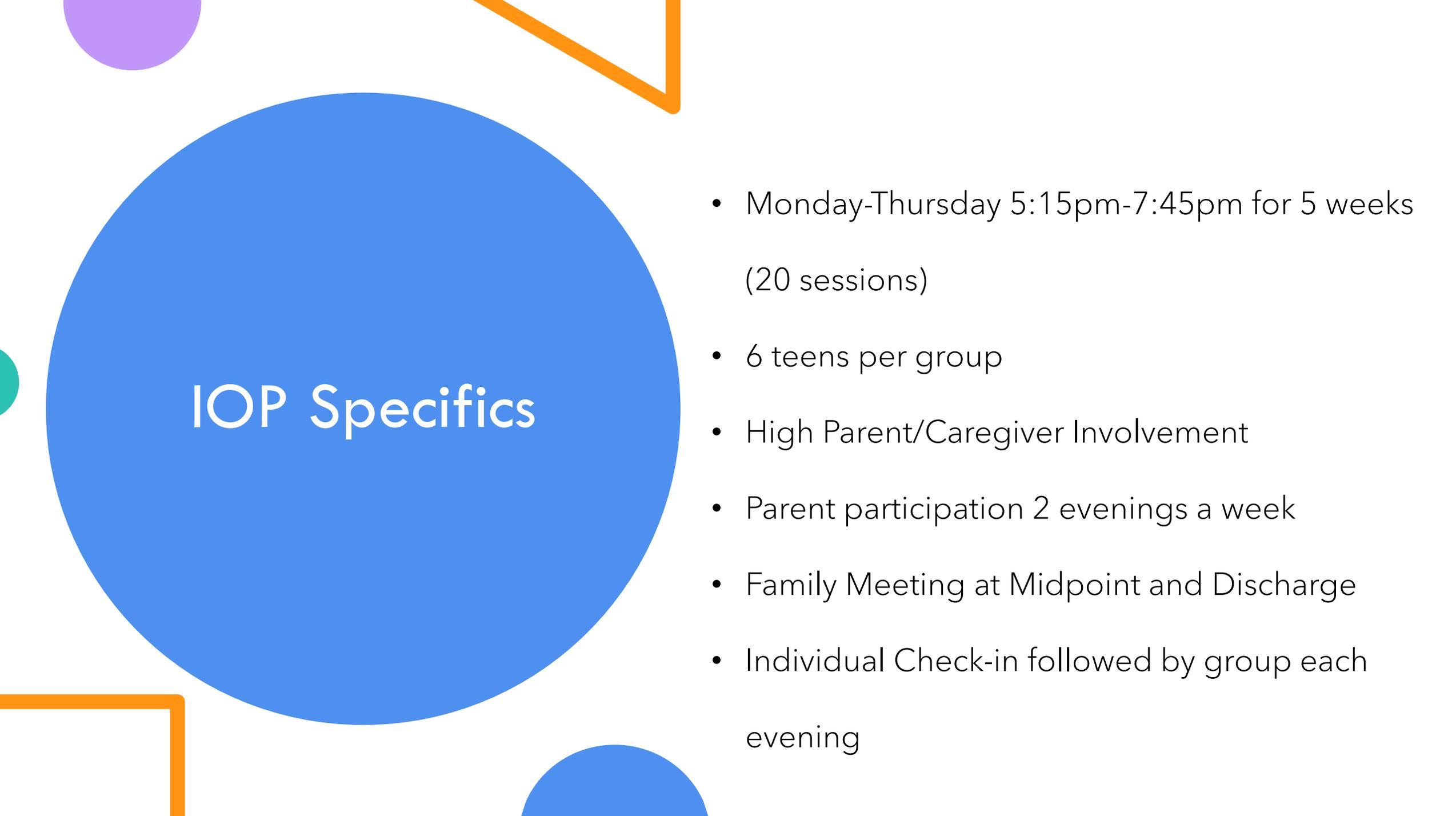
Same for Both Programs:

- High School Age Teens in 9th-12th
- Group Therapy Model
- Social Workers at Masters/Clinical Level
- Therapy/Programming based in Dialectical Behavior Therapy (DBT)



PHP Specifics

- Monday-Friday 8am-4pm for 3 weeks (15 days)
- 4 teens per group
- Daily Nursing Assessment
- Weekly Psychiatry Check-in
- Medication Management
- School Component through UT Charter School
- Family/Caregiver Meeting Once a Week



IOP Specifics

- Monday-Thursday 5:15pm-7:45pm for 5 weeks (20 sessions)
- 6 teens per group
- High Parent/Caregiver Involvement
- Parent participation 2 evenings a week
- Family Meeting at Midpoint and Discharge
- Individual Check-in followed by group each evening

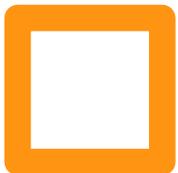
Is DCMC ED the RIGHT choice? Alternatives?

- Acute = Danger to self or others
- Suicide Attempt
- Active SI - Intent/Plan/Method
- Self-harm requiring medical treatment
- Possibly requiring Inpatient Hospitalization
- Community resources not readily available
- Child not able to contract for safety

- Non-acute
- No medical component
- SI is Passive in nature
- Child able to contract for safety

Alternatives:

- Community/School options
- LMHAs
- Outpatient Providers
- Other Mental Health Facilities (FREE ASSESSMENTS)





Thank you

Adam Crawford, LMSW

512-324-0029

Adam.Crawford@ascension.org