



Intellectual and Developmental Disability Services
Intake and Programs

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Who we are

VISION

Healthy Living for Everyone.

MISSION

Integral Care's mission is to improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.



Integral Care Services

- Crisis Services
- Adult Behavioral Health
- Substance Use
- Child & Family Services
- Intellectual & Developmental Disability Services

Single point entry: 512-472- HELP (4357)



Agenda

- Defining IDD
- Common Vulnerabilities
- MH/IDD
- Communication
- Intake
- Programs



IDD covers a WIDE span of people's abilities. It's important to understand what specific type of IDD your client has to support communication and assist planning.

Intellectual Disability Defined

- Diagnostic Criteria for IDD Services:
 - Deficits in Intellectual Functioning = IQ below 70 (i.e. 69 and below)
 - Presents as difficulty with reasoning abilities, problem solving, judgment, planning, academic learning, and learning from experience
 - Deficits in Adaptive Functioning
 - Results in failure to meet developmental and sociocultural standards for independence and responsibility. May limit functioning in: communication, social participation, and independent living. Likely to have these problems across multiple environments: home, school, work, etc.
 - Onset is prior to the age of 18

Severity levels of ID

Mild

- 85% of ID Population
- Can generally learn reading, writing, and math skills between third- and sixth-grade levels. May have jobs and live independently.

Moderate

- 10% of ID Population
- May be able to learn some basic reading and writing. Able to learn functional skills such as safety and self-help. Require some type of oversight/supervision.

Severe

- 5% of ID Population
- Probably not able to read or write, although they may learn self-help skills and routines. Require supervision in their daily activities and living environment.

Profound

- 1% of ID Population
- Require intensive support. May be able to communicate by verbal or other means. May have medical conditions that require ongoing nursing and therapy.

Developmental Disabilities

- Also referred to as “Related Conditions”
- Common Examples of Developmental Disabilities:
 - Autism Spectrum Disorder
 - Cerebral Palsy
 - Fetal Alcohol Spectrum Disorder
 - Fragile X Syndrome
 - Hearing Loss
 - Muscular Dystrophy
 - Tourette Syndrome
 - Vision Impairment
 - Traumatic Brain Injury prior to age 22

Common Vulnerabilities

- **Genetic & biological vulnerabilities**
 - Co-occurring mental, neurodevelopmental, medical and physical conditions are frequent, with rates of some conditions 3-4 x greater than the general population.
- **Discrimination, social rejection & abuse**
 - Often abuse comes from those close to the individual
 - Trained to be compliant to authority figures
 - Lack of (and desire for) attention & affection may make them easier to manipulate
 - Less likely to be provided with general sex education or training about sexuality

Common Vulnerabilities

- **Cognitive Limitations**

- Cognitive skills deficit interferes with the ability to predict high risk situations and/or understand what is happening in an abusive situation.
- Cognitive limitations lead to coping skills limitations.

- **Cognitive reserve:** allows for the ability of the cognitive paradigm underlying a task to sustain disruption & still operate effectively. Alternatively, it could consist of the ability to use alternate paradigms to approach a problem when the more standard approach is no longer operational.

- Due to lack of cognitive reserve, people with ID may drastically decompensate under stress. This may be manifested as losing skills, becoming mute, hallucinating, etc.

More than one diagnosis...

Many individuals have more than one diagnosis.

Examples:

- Intellectual Disability (ID) and Major Depressive Disorder
- Intellectual Disability (ID) & a Developmental Disorder (DD)

Common terms to describe having more than one diagnosis include:

- Dual diagnosis
- Co-occurring disorders
- Comorbid conditions

Mental Health & ID/DD

- Individuals with IDD may display a psychiatric symptom in a different way; often through behavioral disturbances rather than self report of symptoms.
- Aggression is the most frequently documented “atypical” symptom of mood disorders for people with ID. Numerous investigations report comorbidity of irritability, anger or aggression with both depression & mania.
- Other atypical features common in ID include: social withdrawal, crying, somatic complaints and cognitive disintegration.

Communication

- Speak clearly, be mindful of tone of voice
- Use shorter sentences, use concrete words, avoiding figurative language
- Avoid Yes/No questions
- Check for understanding
- Pause between questions (5-10 seconds)
- Repetition of key facts or important requests
- Reminders, such as texts, visual cues, or calendars

Communication

- “If... then” statements
- “First... then” statements
- Repetition
- Break down tasks into smaller, more manageable steps
- Use verbal prompts and reminders
- Give choices



Suicide and IDD

- Talking about suicide does NOT increase the likelihood that it will happen
- Avoid yes/no questions about suicide
- Always communicate concerns about suicide to medical/psychiatric/counseling staff
- 988 Suicide and Crisis Lifeline

IDD Intake Process



Call Integral Care Hotline to request an IDD Intake Appointment



Gather Records and Documentation in preparation for the 1st Intake Appointment



Attend 1st Intake Appointment with an Intake Service Coordinator



Complete the Determination of Intellectual Disability Appointment

IDD Intake: 1st Intake Appointment

What to Expect at the 1st Intake Appointment:

1. Person will complete forms about self, including health and finances
2. Person will sign documents that allow Integral Care to provide care
3. Person will provide copies of clinical records and/or physician attestation
4. Once everything above is completed, and any available clinical documentation has been obtained, the IDD Intake Service Coordinator will schedule the Determination of Intellectual Disability appointment with the psychologist.

IDD Intake: 1st Intake Appointment

- What to Bring to the 1st Intake Appointment:
 - Two forms of identification (photo ID, Social Security card, passport or birth certificate)
 - Proof of address (a utility bill or a copy of your lease agreement)
 - Proof of insurance (Medicaid, Medicare and/or private insurance)
 - Proof of income (tax returns, recent pay stubs or Social Security award letter)
 - Any medical history paperwork about mental health, psychological or IQ testing
 - List of medicines
 - Legal guardians must bring:
 - Proof of legal guardianship (paperwork that shows person is the guardian)
 - Photo identification (driver's license or state-issued photo ID)

Intellectual Disability Determination:

- ❑ Copies of previous psychological evaluations
- ❑ Any evaluations from school (*Full & Individual Evaluation and ARD meeting paperwork*)
- ❑ Determination of Intellectual Disability (DID) reports
- ❑ Neurological or genetic evaluations (*such as an evaluation from 'Specially for Children'*)
- ❑ Comprehensive Diagnosis & Evaluation (D&E)
- ❑ Any documentation referring to a diagnosis of intellectual disability or autism/pervasive developmental disorder (PDD)

Determination of Intellectual/Developmental Disability Assessment

- An assessment completed by a LIDDA PhD Psychologist or Licensed Psychological Associate to determine eligibility for ongoing IDD services
- DID Assessment Includes:
 - Interview and Observation of the Individual
 - Diagnostic Assessment of Intellectual Functioning (i.e. IQ) and Adaptive Ability (i.e. ABL)
 - Review of Evidence Supporting the Origination of the Intellectual and/or Developmental Disability during the person's developmental period (*more information on the next slides*)
 - Review of the Individual's Previous and Current Psychological and Psychiatric Treatments and Diagnoses
- The DID Report will include specific information about a person's IQ, ABL, and the services they may be eligible for based on their diagnosis and assessment results
 - **IMPORTANT:** Different IDD Programs have specific criteria for eligibility



Interest List

Texas Home Living (TxHmL)

- Request IDD Intake 512-472- HELP (4357)

Home and Community-based Services (HCS)

- Request IDD Intake 512- 472 - HELP (4357)

To be placed on Interest List only - 512-483-5800 – Request to speak to Intake Program Manager

Youth Empowerment Services (YES) Waiver YES WAIVER INQUIRY LINE IS 512-804-3191



Interest List (cont.)

- Community Living Assistance and Support Services (CLASS) Waiver
- Deaf Blind with Multiple Disabilities (DBMD) Waiver
- Medically Dependent Children Program (MDCP)
- Star + Plus Home and Community Based Services (HCBS) Waiver

Request to be added to the CLASS, DBMD, MDCP waiver interest list by calling 877-438-5658 and asking for the specific waiver program

Request to be added to the STAR+PLUS HCBS waiver interest list by calling 800-964-2777 toll-free and asking for the MDCP waiver program

Helpful link: <https://www.txhealthsteps.com/static/courses/waivers/sections/section-1-4.html>



Medicaid Waiver Slots for Fiscal Years 2024-2025

Home and Community-based Services (HCS)

- Statewide Total: 1,728
- Integral Care: 77

Texas Home Living (TxHmL)

- Statewide Total: 3,720
- Integral Care – 123

Does not reflect #s for CLASS, MDCCP, DBMD, HCBS



Integral Care's IDD Services

Waiver Interest List Maintenance

- Adding to the Interest Lists
- Biannual contacts

Determination of eligibility for IDD Services

- Assessment or endorsement of an assessment to determine if a person has an intellectual disability or a member of the HHSC priority population.

Integral Care's IDD Services

Service Coordination – Non Waiver

- General Revenue
- Community First Choice

Service Coordination – Medicaid Waiver

- Texas Home Living
- Home and Community-Based Services

Integral Care's IDD Services

IDD Crisis Prevention

- Short term Crisis Prevention Services
- In-home/Out of home Crisis Respite
- Out Patient Behavioral Health Services (OBI)

Direct Services

- Texas Home Living Provider
- In-home and Community based Respite

What is Service Coordination?

Everyone enrolled into IDD waiver / non waiver programs is assigned a Service Coordinator.

The Service Coordinator is responsible for the below elements:

- Assessment of Service Needs
- Service Planning (e.g., compiling program services into a comprehensive person directed plan; referrals and linkage to community resources)
- Monitoring of Program Services (e.g., are they happening, helping and satisfactory)
- Crisis Management through assessment of service needs as well as service planning



Integral Care Service Coordination – Non Waiver

General Revenue

- Medicaid not required
- Diagnostic Eligibility Criteria:
 - Intellectual Disability
 - Autism Spectrum Disorder
- **Services:**
 - Service Coordination
 - Planned Respite via contracted providers or summer respite camps

Community First Choice

- Medicaid Required
- Diagnostic Eligibility Criteria:
 - Intellectual Disability
 - Related Condition + IQ 75 or below
 - Related Condition + LOC VIII
- **Services:**
 - Service Coordination
 - Attendant Care to help Individual to develop or increase Activities of Daily Living Skills (e.g. dressing, bathing, eating) in home and community

Integral Care Service Coordination Programs –Waiver

Texas Home Living (TxHmL)

- Medicaid Required
- Interest List Required
- Diagnostic Eligibility Criteria:
 - Intellectual Disability
 - Related Condition + IQ Below 75
- Services:
 - Service Coordination
 - ISS; Respite; Employment Support; Behavioral Support; Nursing; Dental; OT/PT/Speech; Dietary; Audiology; Transportation; Minor Home Modifications; Adaptive Aids

Home and Community-Based Services (HCS)

- Medicaid Required
- Interest List Required
- Diagnostic Eligibility Criteria:
 - Intellectual Disability
 - Related Condition + IQ Below 75
- Services:
 - Service Coordination
 - ISS; Respite; Employment Support; Behavioral Support; Nursing; Dental; OT/PT/Speech; Dietary; Audiology; Transportation; Minor Home Modifications; Adaptive Aids; Social Work; TBI Services
 - Residential Services: Group Home; Host Home; Own Home/Family Home

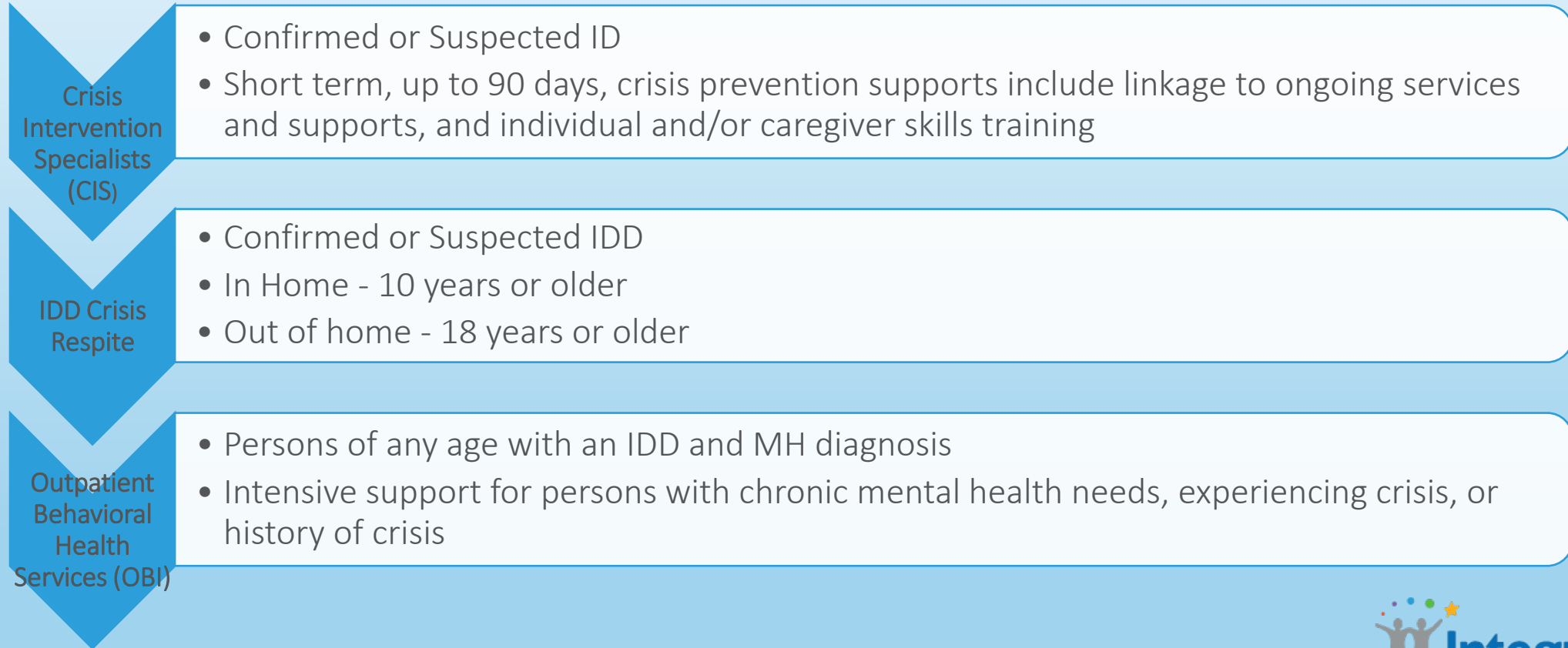
IDD In-Home Respite Services

Respite services provided in the home and/or community to provide break for caregiver

- Able to access referral form through Integral Care website
<https://integralcare.org/en/idd-respite-interest-form/>
- Available to any individual who has completed an IDD Intake and pending assignment or assigned a Service Coordinator, who resides in own / family home with caretaker.
- Services Travis County, ages 4 and up



IDD Crisis Prevention Services



Transition Support Team

Services

- Educational Opportunities
- Case Consultations
- Technical Assistance

Mission

- Increase clinical and practical competence of professionals providing services to individuals with IDD and co-occurring mental health disorders
- Reduce risk of institutionalization of individuals with IDD and support the successful transition of individuals with IDD from institutional to community settings

<https://hublearningcommunity.squarespace.com/projects-bedford>



Contact – Appointment

24/7 Hotline

- If experiencing a psychiatric crisis, trying to access any of our services, or to schedule an IDD Intake Appointment, call our 24/7 hotline:
 - 512-472-HELP (4357)
 - Toll-Free: 844-398-8252
 - TTY: 512-703-1395

Contact - IDD Crisis Prevention Services

To Learn More about Integral Care's IDD Crisis Prevention Services or to make a Referral, Contact:

Bryan Camphire, IDD Crisis Services Program Manager

bryan.camphire@integralcare.org

512-703-1362



Presenter Contacts:

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Questions? Comments?

Thank you for the work that you do with our population.

