

**NAME:** KIDS LIVING WELL MEETING  
**MEETING DATE:** JUNE 29, 2023  
**MEETING TIME:** 9:00 AM – 10:30 A.M.  
**MEETING LOCATION:** ZOOM

**MEMBERS PRESENT:** STACY SPENCER, MARY DODD, MARLENE BUCHANAN, CHRISTY KUEHN, ANGELICA OSCAS, BRITTANY GOLDEN, BRIANA WELLS, CAMI KELLY, DIANA PERRY, DOROTHY GARGA, HAILA YATES, JARECKI GEE, JIMENA ISAZC, JOELLEN GOLDBERRY, JORDON RUCH, KATILYN MCCAULEY, LEAH KELLEY, LESHAWN ARBUCKLE, LISA HILL, MACEY MCCLENNEN, MARINA CHAPELL, M. REYES, SARAH MARTINEZ, SARAH STONE, SONIA HARTMAN, JORDAN JUDE, JELINA TUNSTILL, SARA PITTENGER, TARISSA MOSS, AND WILLIAM BLALOCK

**KEY CONTACT:** MARLENE BUCHANAN  
**MINUTES BY:** CHERYL PETTY WILSON

### MINUTES

Item	Item	Discussion	Action	Responsible Staff/Person	Date Due
1.	<b>Call to Order</b>	The meeting was called to order at 9:00am			
2.	<b>Welcome, Introductions &amp; Announcements- Stacy Spencer</b>	Stacy Spencer welcomed everyone to the meeting. She asked that they share their name and organization in the chat. Please add any announcements you want to share as well. Marlene announced Integral Care's new St. John's Clinic is now open, St John's, located at 6937 N. IH 35. It houses Childrens, and Adults, along with the pharmacy. There are plans to open a pediatric primary care clinic as well.			
3.	<b>Review and Approval of Minutes from the May 25, 2023 meeting – Stacy Spencer</b>	Marlene Buchanan made the motion to approve the May 25, 2023 minutes, Christinia second, the minutes were approved as written.			
4.	<b>New Ad-Hoc Opportunity – Mary Dodd</b>	Marry announced there will be a planning committee for the Kids Living Well April 28, 2024 Summitt. The committee will be co-chaired by JoEllen Goldsberry and Dr. Kari Silverberg and meet monthly from August 2023- May 2024. Contact Mary at, <a href="mailto:Mary.dodd@integralcare.org">Mary.dodd@integralcare.org</a> for more information.			
5.	<b>Reminder: Austin Public Health (APH) and Integral Care are launching a public awareness campaign called "Ask, Listen, Talk, Repeat" to help parents and caregivers start critical conversations with our children and youth, a generation that is sometimes forgotten when discussing mental health. – Christinia Kuehn</b>	Christy reviewed the following with the members.  Visit <a href="https://asklistentalk.org/">https://asklistentalk.org/</a> for resources. <ul style="list-style-type: none"> <li>• Know the signs</li> <li>• Start the conversation</li> <li>• Support your mental health and</li> <li>• Get help</li> </ul> Marlene reported tools could be downloaded from the webpage for their use for families.			

6.	<b>Travis County investment \$120,000 to allow Integral Care to do YMHA Train the Trainer trainings - Marlene Buchanan</b>	Marlene announced that Integral Care is partnering with the county and Austin Public Health for Train the Trainer Mental Health First Aid. There are ten slots available for grassroots and small mentoring agencies. Contact Marlene at <a href="mailto:marlene.buchanan@integralcare.org">marlene.buchanan@integralcare.org</a> for more information.			
7.	<b>System of Care Grant Update, Stacy Spencer</b>	Stacy asked for suggestions from the members to get a youth voice interested in the Kids Living Well meeting. Contact Stacy at <a href="mailto:stacy.spencer@integralcare.org">stacy.spencer@integralcare.org</a> for more information.			
8.	<p><b>KLW updates: Any Baby Can</b>, Diana Perez, Lead Social Worker, CARE and Candlelighters Programs</p> <p><b>Austin Child Guidance Center</b>, Dr. Suzanne Hart, Lead Psychologist</p> <p><b>Communities In Schools</b>, Dorothy Garza, Senior Director of Mental Health Services</p> <p><b>Dell Children’s Medical Center</b>, Briana Wells, Manager of Inpatient Mental Health Services and William Blalock, Outpatient Utilization Review Coordinator</p> <p><b>LifeWorks</b>, LeShawn Arbuckle, Division Director of Counseling Services</p> <p><b>Wonders and Worries</b>, Jordan Ruch, Outreach Manager</p>	<p>ANY BABY CAN - Sara gave a snapshot of Any Baby Can programs that included client services and criteria.</p> <p>Diana spoke on Care and Candlelighters, counseling services, resources, and respite funding</p> <p>Jimena spoke about services provided for clients that are currently enrolled at Any Baby Can including supports services and therapy programs. Contact <a href="mailto:info@anybabycan.org">info@anybabycan.org</a> for more information.</p> <p>AUSTIN CHILD GUIDENCE center – Brittany reported ACGC has been in existence since 1951. Their mission is to provide MH care to the community. She reviewed community challenges, how ACGC addresses client care and treatment, professional development and training, and community education, Brittany said there was a walk-in clinic, parent workshops and a resource navigator available for clients. More information can be located at <a href="http://www.austinchildguidance.org">www.austinchildguidance.org</a>.</p> <p>COMMUNITIES IN SCHOOLS – Dorthy is the new Senior Director of MH; this is a new position and program at CIS. She gave an overview of the programs CIS provides that include support in the ninety-nine school campuses in and around Austin and surrounding counties. CIS provides school supplies to meet basic needs of students, mentors, and tutors. She reviewed program models; SmartKids and HACA partnership, MH Wellness for families, and after high school preparing students for college or careers. Go to <a href="mailto:Dgarza@ciscentraltexas.org">Dgarza@ciscentraltexas.org</a></p> <p>DELL CHILDREN’S MEDICAL CENTER – Briana reported admissions is open 24 hours staffed by a LSW and nurse. The inpatient unit has 24-beds for acute MH crises for youths 6-17 years old. She said there was a liaison that supported MH needs of patients. Briana spoke on future wraparound programs and services. Willaim, a nurse at Dell Children’s updated members on the IOP and PHP programs for high-school students, free assessments under direct admissions, internal/external referrals, and student and multi family groups. Contact <a href="mailto:Briana.Wells@ascension.org">Briana.Wells@ascension.org</a> or <a href="mailto:William.Blalock@ascension.org">William.Blalock@ascension.org</a> for more information.</p> <p>LIFEWORKS – LeShawn updated on Lifeworks programs for youths and adults that includes counseling that includes parents, caregivers, and couples as well. She reviewed three evidence-based models:</p>			

		<p>Trana-focused Cognitive Behavioral Therapy, Solution-focused Brief Therapy and Modular Approach Therapy for Children. LeShawn briefed on Community Based services like housing, counseling, and peer support in partnership with integral Care. Contact <a href="mailto:LeShawn.Arbuckle@lifeworksaustin.org">LeShawn.Arbuckle@lifeworksaustin.org</a> for more information.</p> <p>WONDERS &amp; WORRIES - Jordan reported Wonders &amp; Worries provides free services for kids whose parents are going through life changing illness or injuries. Services are provided in English and Spanish and are provided by a certified child life specialist. Jordan said services are evidence-based curriculums, that a professional provider directly refers most families. Families can call the <b>National Hotline at 1-844-939-6633</b></p> <p>Christy thanked the presenters and Marry Dodd for their hard work!</p>			
9.	<b>Adjourn</b>	<p>Mary Doss confirmed the summit date was April 18, 2024. She said there was a new data page on the Kids Living Well webpage. Membership forms were on the site as well.</p> <p>Next meeting August 31, 2023</p>			