

NAME: KIDS LIVING WELL MEETING
MEETING DATE: MAY 25, 2023
MEETING TIME: 9:00 AM – 10:30 A.M.
MEETING LOCATION: ZOOM

VOTING MEMBERS PRESENT: CHRISTY KUEHN, MARY DODD, SONIA HARTMAN, STACY SPENCER, COURTNEY BALDWIN, CORIE CORMIE, COURTNEY LUCAS, ELLYN EISENBERG, JACQUELINE BOUTROS, JODIE JUDE, KALLIE GETTINGER, LISA HILL, JOELLEN GOLDBERRY, LISA WARD, AND MELODY PARMER-ARIZOLA

KEY CONTACT: MARLENE BUCHANAN
MINUTES BY: CHERYL PETTY WILSON

MINUTES

Item	Item	Discussion	Action	Responsible Staff/Person	Date Due
1.	Call to Order	The meeting was called to order at 9:00am			
2.	Welcome, Introductions & Announcements- Christinia Kuehn	Christy welcomed everyone to the meeting, she asked that everyone add their name and organization to the chat along with any announcements. Mary Dodd thanked everyone for their youth videos and photos.			
3.	Review and Approval of Minutes from March meeting	Minutes were approved as written.			
4.	System of Care Grant Update- Stacy Spence	Stacy Spencer - Our QMHP Yesi left the agency, but we filled the position already with Rochelle Holland. Our program manager is moving out of state so we will post that position. Our mini-grant is up and running and students have gone on three outings so far that have included: reading to 1st graders, supporting the PEAS garden at an elementary school and visiting an animal shelter. They have enjoyed these outings as ways to contribute to their community and build their reputation positively.			
5.	Kids Living Well Membership- Stacy Spencer	Stacy asked members if they are new, please complete this membership form https://forms.office.com/r/wFd7n74ZsZ			
6.	Youth Substance Use: Trends & Concerns, Laura Stevens Merola, M.Ed., LPC, Assistant Director of Clinical Excellence, University of Texas at Austin Dell Medical School	Laura Merola gave a ppp on youth substance use. She spoke on the following. <ul style="list-style-type: none"> • What defines adolescence? • What's going on in the brain during adolescence? • Unique Developmental Tasks of Adolescence • Youth Substance Use: Some Facts • Inhalants • Students reporting past drug use- differences in sub-groups. • Marijuana- percentage of reported users -only use marijuana. • Alcohol and Vaping 			

		<ul style="list-style-type: none"> • What was notable about 2021- long term effects? • Areas of concern – mental health, deaths from overdose, declining trends, and impact from COVID pandemic. • WHAT DO WE DO WITH THIS INFORMATION? What is done with all the information - Practical Skills and Approaches • Knowing the difference - DSM Criteria for SUD between "typical, " "at-risk, " and clinically significant substance use <p>Q&A from the group</p>			
7.	Adjourn	Next meeting June 29, 2023			