NAME: KIDS LIVING WELL MEETING
MEETING DATE: FEBRUARY 23, 2023
MEETING TIME: 9:00 AM – 10:30 A.M.

**MEETING LOCATION: ZOOM** 

**KEY CONTACT:** MARLENE BUCHANAN

MINUTES BY: CHERYL WILSON

VOTING MEMBERS PRESENT: CHRISTINIA KUEHN, MARY DODD, LAUREN FAZIO, STACY SPENCER, CHELSEA DESIMONE, TARISSA MOSS, KEN WINSTON, LAURA PEVETO, SARAH REES, LEAH KELLY, BATINA NIELSON, LARA AFFINITO, KYNTHIA BROOKS, MONICA REYES, LISA HILL, COURTNEY BALDWIN, MARLENE BUCHANAN, ROXANNE SALDIVAR, JOELLEN GOLDSBERRY, ERIKA BITAR, LESHAWN ARBUCKLE, TERRY WILT, JAY SMITH, TAMMY HOLLAND, COURTNEY LUCAS, SARAH MARTINEZ, LEYLEE MORRIS, REBECCA FARRELL, MUNA JAVAID AND KIARA PRICE

GUESTS:

## MINUTES

Item	Item	Discussion	Action	Responsible Staff/Person	Date Due
1.	Call to Order	The meeting was called to order at 9:10am			
2.	Welcome, Introductions & Announcements- Marlene Buchanan	Welcome, members were asked to put their names, organization, and any announcements in chat.			
3.	Review and Approval of Minutes from January meeting	Will review at March meeting			
4.	Report Mental Health First Aid Training  – Leylee Morris	<ul> <li>Leylee reviewed MH First Aid Training with the group.</li> <li>Who can take the class? Anyone over 18 yr. old.</li> <li>What will you learn, warning signs, symptoms and risk of Mental illness</li> <li>Depression, anxiety, trauma, psychosis, suicide, and substance use disorder.</li> <li>5 step action plans.</li> <li>Professional and self-help.</li> <li>Calling 911.</li> </ul>			
5.	Review new & expanded initiatives that help to promote the plan goals, Laura Peveto	Marlene stated Kids Living Well was the local planning body for Travis County, developing and implementing the plan for children's mental health and substance misuse. She introduced Laura Peveto who reviewed the Travis County Plan for Children's Mental Health and Substance Misuse goals before the members went into breakout groups.			
6.	Breakout & Return: What is most important for our community to focus on for the next three years?	Marlene thanked everyone for their input for the goals for the next three years, she stated the Steering Committee will review their choices and will let the members know the result at a later date.			
7.	Next Steps & Adjourn, Marlene Buchanan	Next meeting March 30, 2023.			

8.	Adjourn	Next meeting March 30, 2023			
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