

NAME: KIDS LIVING WELL MEETING
MEETING DATE: AUGUST 26, 2021
MEETING TIME: 9:00 AM – 10:30 A.M.
MEETING LOCATION: ZOOM VIDEO MEETING

VOTING MEMBERS PRESENT: KATIE BRYANT, TARA HUBER, NICHOLAS KENDRICK, COURTNEY BALDWIN, MARLENE BUCHANAN, WES BOYETT, DIANA PEREZ, TERRY WILT, ALLISON BAKER, SUSAN MILLEA, CINDY TUCKER, LISA HILL, SARA MARTINEZ, JAY SMITH, MARY DODD, NIDIA HESTON, RAUL ALVAREZ, SARA REES, STEPHANIE RAINBOLT, CHERYL STRANGEMAN, MARISOL FREY, CINDY TUCKER, JAY SMITH, DALIA TIRADO, ANNA CRAIG ASHBURN,

KEY CONTACT: SONIA HARTMAN/MARLENE BUCHANAN
MINUTES BY: LISA HILL

GUESTS: MAR PADILLA

MINUTES

Item	Item	Discussion	Date Due
1.	Call to Order	9:01am by Marlene Buchanan	
2.	Welcome, Introductions & Announcements—Marlene Buchanan	<p>Mary Dodd: Back to school mental health tips sheet for parents in both English and Spanish</p> <p>LeShawn Arbuckle: LifeWorks has an opening for a LCSW who is also a Board Approved Supervisor and a Family Peer Supporter, who will be working with TAY who are pregnant or parenting. Apply here: https://www.lifeworksaustin.org/careers</p> <p>Allison Baker: The SAFE Alliance has many openings for licensed and unlicensed professionals! Please share with your circles as needed! https://www.safeaustin.org/get-involved/work-at-safe/</p>	
3.	Review and Approval of Minutes from 7/29/21	Susan Millea motioned to approve the minutes; Nicholas Kendrick seconded. Minutes were approved as is.	
4.	Introduction to the toolkit Autonomous but Not Alone: Navigating Students through Drug-Related Risk -Mar Padilla with Cardea Services	<p>Designed for school-based staff, but applicable to all who work with youth, the toolkit stresses the importance of building relationships to help empower youth to avoid and reduce risk associated with substance use. This training provides a harm-reduction framework, guidance on navigating four common scenarios, and motivational interviewing language that can be personalized to meet youth where they are.</p> <p>Mar Padilla: https://hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/provider-portal/health-services-providers/thsteps/th-adolescent-health-guidance.pdf https://www.txhealthsteps.com/506-teen-consent-and-confidentiality https://www.txhealthsteps.com/static/warehouse/1076-2011-Aug-25-qwq14wm8yti5ga2zg50h/section_2.html#sub5</p> <p>Mary Dodd: This presentation and a link to the Autonomous But Not Alone Toolkit are available on the KidsLivingWell.org website on the Meetings page https://kidslivingwell.org/meetings/minutes/</p> <p>Tip Sheet: https://integralcare.org/wp-content/uploads/2021/08/210729-back-to-school-top-10.pdf Four short teen depression and suicide prevention videos: https://www.youtube.com/watch?v=w9hy2meCkBY</p>	Lisa send out toolkit
5.	Adjourn 10:30am	<p>Next Meeting: September 30, 2021 Next Meeting Location: via Zoom</p>	